

# Claire Godwin - Director The Coaching Works



## Background

Claire Godwin is a trainer, facilitator and coach.

Claire has worked in a variety of training, development and Human Resources roles for over twenty years; including 10 years as Head of HR & Training within the Social Housing Sector and 11 years as Director of The Coaching Works.

Claire also works in the area of equalities as a consultant and trainer and brings 'accessibility' at all times to the training room. Claire's approach to business is practical, down to earth and she helps her clients focus on business outcomes whilst balancing the needs and levels of all learners to ensure where possible there is a win-win situation for all.

Claire is qualified and highly experienced in using the Strength Deployment Inventory® (SDI®) in her training programmes. By generating understanding and awareness about what causes conflict between individuals the SDI® provides a means to overcome it. It encourages us to celebrate and work with our differences.

As an accredited NLP Master Practitioner and Trainer Claire is able to add these skills to her coaching tool box and really get beneath what hold staff and leaders back from performing at their best.

Claire has a friendly and professional approach and is able to rapidly build rapport and trust with those she meets and works with. This enables all concerned to get to the core of any issues, set clear outcomes to enable fast, effective and sustainable learning and change to take place.

## Areas of Expertise

- Coaching & Mentoring (corp)
- Coaching & Mentoring (SME)
- Research Projects
- "Getting on Stage" - presentation skills for leaders
- Training & Facilitation
- Essential Skills for Managers & Team Leaders
- Confidence building for leaders
- Creating harmonious and productive teams

## Personal Qualifications & Accredited Training

- Advanced Diploma in Coaching
- Certified Practitioner and Master Practitioner of NLP
- Certified Trainer of NLP
- MCIPD with over 20 years experience within Human Resources & Staff Training and Development
- Diploma in Clinical Hypnotherapy
- Qualified Strength Deployment Inventory (SDI) Facilitator

## Contact

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